



Hillingdon SC Fast & Festive Winter Meet – Saturday 20 & Sunday 21 December 2025

Hillingdon Sports & Leisure Complex, Gatting Way, Uxbridge, UB8 1ES

A warm welcome to all Swimmers, Coaches, Officials, Team Managers and Spectators to our 2025 Fast and Festive Winter meet at the Hillingdon Sports & Leisure Complex this weekend.

Borough of Harrow SC

Broomfield Park SC

Dulwich Dolphins SC

Haringey Aquatics

Hounslow Jets

Kingston Royals SC

Leatherhead SC

Reading SC

Hillingdon SC

Good Luck to all swimmers competing and we would like to confirm the following information ahead of the meet and ask you to share this with everyone who is attending.

Confirmed Session Times

Saturday 21 Dec	<i>Warm-up start</i>	<i>Warm-up finish</i>	<i>Session Start</i>	<i>Estimated Finish</i>	<i>Skins Event</i>
Session 1	08:00	08:50	09:00	11:10	
Session 2	11:15	11:45	12:00	14:00	14:05-14:45
Session 3	15:00	15:30	15:45	17:15	
Sunday 22 Dec	<i>Warm-up start</i>	<i>Warm-up finish</i>	<i>Session Start</i>	<i>Estimated Finish</i>	<i>Skins Event</i>
Session 4	08:00	08:50	09:00	11:25	
Session 5	11:25	11:50	12:00	14:20	14:25-15:00
Session 6	15:15	15:45	16:00	17:40	

Officials – we welcome all officials, please follow this [link](#) to sign-up and confirm sessions. Separate parking arrangement apply and a permit will be issued for the parking area – please submit vehicle details via the link by Friday 19 December 2025. There will be water stations poolside to re-fill water bottles.

Coaches/Team Managers – Poolside passes must be applied for and paid for in advance of the meet via this [LINK](#). Poolside passes will be available for collection on arrival with details of parking arrangements.

Withdrawals – please confirm all withdrawals using the [online form](#) by 08:00 on Saturday 20 December 2025. Any further withdrawals can be made on the day prior to the start of warm-up for each session at the Tech Desk poolside using the withdrawal form. Supporting information for medical withdrawals should be emailed to ann.oleary@hillingdonsc.co.uk no later than Monday 22 December 2025.

Meet Programme – there will be no printed programmes available, please access the programme via the club website <https://uk.teamunify.com/team/hbsc/page/competitions/open-meets>



Important information to share with all attending the meet:

- Hillingdon Sports & Leisure Centre is open from 07:30 each morning
- Swimmers should arrive beach ready for the warm-up
- Marshalls (green t-shirts) will direct swimmers poolside to the designated seating area for their club
- **NO LARGE KIT BAGS will be allowed poolside** – as space will be limited poolside
- **Lockers** are available and require a **£1.00** coin which is refundable
- Changing cubicles are available but not showers.
- Footwear and dry clothing must be worn by swimmers when not on poolside
- No hot drinks, nuts or glass containers poolside
- Spectators/parents are not allowed in the changing area
- **Mobile phones or any device with a photographic feature must not be used or be visible in the changing rooms**

Photography – please ensure that any photos/videos are restricted to your own child and not shared on social media.

Safety – please familiarise yourself with Fire Exits and ensure they are kept clear at all times. Please alert centre staff or HSC volunteers (green t-shirts) if any unsafe situations arise.

Spectator Entry - £5.00 one session, £10.00 per day, £20.00 for the weekend, Card or Cash.

We ask spectators to be considerate and flexible, please do not reserve seats by placing bags and coats on the seats; we do not want to restrict or limit entry. The café area is available in between events to allow everyone to share seating in the spectator gallery.

Parking – Pay & Display at the Leisure Centre car park. Other facilities in the Leisure Centre will open as usual and parking maybe busy.

Café – will be open from 08:00 to 17:00 each day for refreshments and snacks – Card or Cash

Mailsports – will be located on the landing and will have a large selection of items available on both days.

🎄 **HSC Christmas Raffle - £1.00 per ticket** 🎄

£200 Mailsports Voucher ~ Gift Vouchers ~ Hampers & lots more prizes

Prizes to be drawn between Sessions 5 & 6 on Sunday 21 December 2025

And finally, Hillingdon Swimming Club and Committee would like to thank all Clubs for supporting our meet. Special thanks to our referees, officials, coaches, team managers, tech team, announcers, volunteers and everyone who has contributed behind the scenes.



Schedule of Events

Saturday 20 December 2025

Sunday 21 December 2025

Session 1

101	Open/Male	100m Butterfly
102	Female	100m Butterfly
103	Open/Male	50m Backstroke
104	Female	50m Backstroke
105	Open/Male	200m Breaststroke
106	Female	200m Breaststroke

Session 4

418	Female	100m Breaststroke
419	Open/Male	100m Breaststroke
420	Female	50m Freestyle
421	Open/Male	50m Freestyle
422	Female	200m Backstroke
423	Open/Male	200m Backstroke

Session 2

207	Open/Male	200m Individual Medley
208	Female	200m Freestyle
209	Open/Male	400m Freestyle
210	Female	400m Individual Medley
211	Open/Male	14/Under Medley Skins
212	Open/Male	15/Over Medley Skins

Session 5

524	Female	200m Individual Medley
525	Open/Male	200m Freestyle
526	Female	400m Freestyle
527	Open/Male	400m Individual Medley
528	Female	14/Under Medley Skins
529	Open/Male	15/Over Medley Skins

Medley Skins will be swum based on the 200IM events for 14/under and 15/over age groups - 4x50m races, of random stroke selection - CASH prizes awarded to the winner and runner up in each age group

Session 3

313	Open/Male	200m Butterfly
314	Female	100m Backstroke
315	Open/Male	100m Backstroke
316	Female	50m Breaststroke
317	Open/Male	50m Breaststroke

Session 6

630	Female	200m Butterfly
631	Open/Male	100m Freestyle
632	Female	100m Freestyle
633	Open/Male	50m Butterfly
634	Female	50m Butterfly

MEET MOBILE: Hillingdon SC Winter Open Meet 2025