

KINGSTON ROYALS GIRLS SHORT COURSE OPEN CLUB RECORDS

EVENT	NAME	TIME	DATE ACHIEVED	LOCATION
50 FREESTYLE	Alys Thomas	28.23	10/02/2008	Guildford Spectrum, GUILDFORD
100 FREESTYLE	Alys Thomas	57.97	01/03/2008	Guildford Spectrum, GUILDFORD
200 FREESTYLE	Alys Thomas	02:07.00	11/03/2007	Guildford Spectrum, GUILDFORD
400 FREESTYLE	Charlotte Wright	04:21.30	2003	-
800 FREESTYLE	Alys Thomas	08:59.93	28/09/2007	Malden Centre, NEW MALDEN
1500 FREESTYLE	Alys Thomas	17:11.89	28/09/2007	Malden Centre, NEW MALDEN
50 BACKSTROKE	Rebecca Gravell	31.64	29/10/2016	University of Limerick, IRELAND
100 BACKSTROKE	Ellie Alexopolous	01:06.41	06/12/2014	London Aquatics Centre, LONDON
200 BACKSTROKE	Kate Boden	02:25.95	15/03/2014	Guildford Spectrum, GUILDFORD
50 BREASTSTROKE	Caitlin Thomson	35.64	02/11/2013	Aldershot Garrison, ALDERSHOT
100 BREASTSTROKE	Lucy Hawley	01:16.60	04/02/2017	Guildford Spectrum, GUILDFORD
200 BREASTSTROKE	Lucy Hawley	02:47.39	03/10/2015	Excel Leisure Centre, WALTON
50 BUTTERFLY	Lucy Hawley	29.32	21/11/2015	Surrey Sports Park, GUILDFORD
100 BUTTERFLY	Alys Thomas	01:03.31	08/03/2008	Guildford Spectrum, GUILDFORD
200 BUTTERFLY	Alys Thomas	02:15.14	09/03/2008	Guildford Spectrum, GUILDFORD
100 INDIVIDUAL MEDLEY	Rebecca Gravell	1.08.50	05/11/2016	London Aquatics Centre, LONDON
200 INDIVIDUAL MEDLEY	Lucy Hawley	02:27.24	14/11/2015	Guildford Spectrum, GUILDFORD
400 INDIVIDUAL MEDLEY	Lucy Hawley	05:11.04	04/12/2015	Malden Centre, NEW MALDEN
4 X 50 FREESTYLE	Tegan Lessey, Melina Williams, Kate Boden, Ellie Alexopolous	01:53.78	06/12/2014	London Aquatics Centre, LONDON
4 X 100 FREESTYLE	Kate Boden, Dulcie Everitt, Caitlin Thomson, Lucy Hawley	04:12.17	31/10/2015	University of Limerick, IRELAND
4 X 200 FREESTYLE	Tegan Lessey, Lucy Hawley, Dulcie Everitt, Kate Boden	09:07.12	31/10/2015	University of Limerick, IRELAND
4 X 50 MEDLEY	Ellie Alexopolous, Tiff Bachelet, Lucy Hawley, Tegan Lessey	02:06.82	11/10/2014	Basingstoke Aquadrome, BASINGSTOKE
4 X 100 MEDLEY	Rebecca Gravell, Lucy Hawley, Tegan Lessey, Melina Williams	04:39.44	30/10/2016	University of Limerick, IRELAND
6 X 50 FREESTYLE	Lucy Hawley, Tegan Lessey, Kate Boden, Dulcie Everitt, Rebecca Gravell, Melina Williams	02:52.35	12/12/2015	Guildford Spectrum, GUILDFORD
4 X 50 FREESTYLE – MIXED	Finn Harman, Ellie Alexopolous, Kate Boden, Theo Ross	01:46.08	06/12/2014	London Aquatics Centre, LONDON
4 X 100 FREESTYLE - MIXED	Issei Kuzuki, Blu Edmunds, Tegan Lessey, Lucy Hawley	03:57.50	29/10/2016	University of Limerick, IRELAND
4 X 50 FREESTYLE – MIXED	Theo Ross, Caitlin Thomson, Izzy Hyatt, Finn Harman	01:59.62	06/12/2014	London Aquatics Centre, LONDON
4 X 100 MEDLEY – MIXED	Issei Kuzuki, Filip Blazevic, Lucy Hawley, Edith Davies	04:33.72	30/10/2016	University of Limerick, IRELAND