



Kingston Royals Swimming Club

Changing Rooms Policy

Dated 13 November 2025 version 1.0

Changing rooms

KRSC adheres to Swim England's changing room policy which prioritises safeguarding and prohibits adults from supervising changing facilities to prevent harm or allegations. However, there are specific circumstances when an adult may enter a changing facility as follows.

- (1) When the changing facility is designated a “changing village” or “family changing” by the pool operator. Note the changing facilities at Hurst and New Malden pools are designated as “changing villages” by the respective pool operator.
- (2) Adults may enter a gender specific changing room to help a child who is under 8 years old or who needs specific assistance e.g to support a child with a disability, subject to the following
 - The adult has to be in the changing room which is the same gender as the adult.
 - The adult should leave the changing room once the child is changed.
- (3) Masters and Squad members that are adults should use their own area, wherever possible, when changing at the same time as children. Where this is not possible adults are to change in an appropriate fashion, and to be mindful that they are changing with children.
- (4) Masters members who are not adults, e.g. Junior Masters, should use their own area, wherever possible, when changing at the same time as adults. Where this is not possible, adults present are to change in an appropriate fashion, and to be mindful that they are changing with children.

Our changing room policy is summarised in the table on the next page.

Mobile phones

Mobile phones and devices should not be used under any circumstances in a changing room area during Swim England regulated activity. KRSC has a zero-tolerance approach to the use of mobile phones in changing areas. Any breach must be reported to the KRSC Welfare Officer.

Reporting safeguarding concerns

Send an email to welfare.officer@kingstonroyals.co.uk

We hope that this provides sufficient clarity for families to create a safe environment for all.



Kingston Royals Swimming Club

Changing Rooms Policy

Dated 13 November 2025 version 1.0

Group	Venue type	Child	Adult (18 years+)
Cadets	Gender specific changing room (e.g. LEH, Claygate)	<p>Allowed for his/her gender</p> <p><i>Examples:</i></p> <p><i>A male child goes to the male changing room.</i></p> <p><i>A female child goes to the female changing room.</i></p>	<p>Allowed only with a child under 8 years old or who needs specific assistance.</p> <p>The adult has to be in the changing room which is the same gender as the adult.</p> <p><i>Examples:</i></p> <p><i>A male adult takes a female or male child to the male changing room.</i></p> <p><i>A female adult takes a female or male child to the female changing room.</i></p>
Cadets	Mixed changing village (e.g Hurst, New Malden)	Allowed	Allowed
Squads	Gender specific changing room (e.g. LEH, Claygate)	Allowed for his/her gender	Not allowed except for Point 3 above
Squads	Mixed changing village (e.g Hurst, New Malden)	Allowed	Allowed
Masters	Gender specific changing room (e.g. LEH, Claygate)	Not allowed except for Point 4 above	Allowed for his/her gender
Masters	Mixed changing village (e.g Hurst, New Malden)	Allowed	Allowed